

CARAGA STILL RISING



PALARO AIRWAVES

The Official Palarong Pambansa 2026 Publication of DepEd Caraga

Issue No. 2
June 2, 2026



A NEW BENCHMARK FOR PALARONG PAMBANSA

EDITORIAL

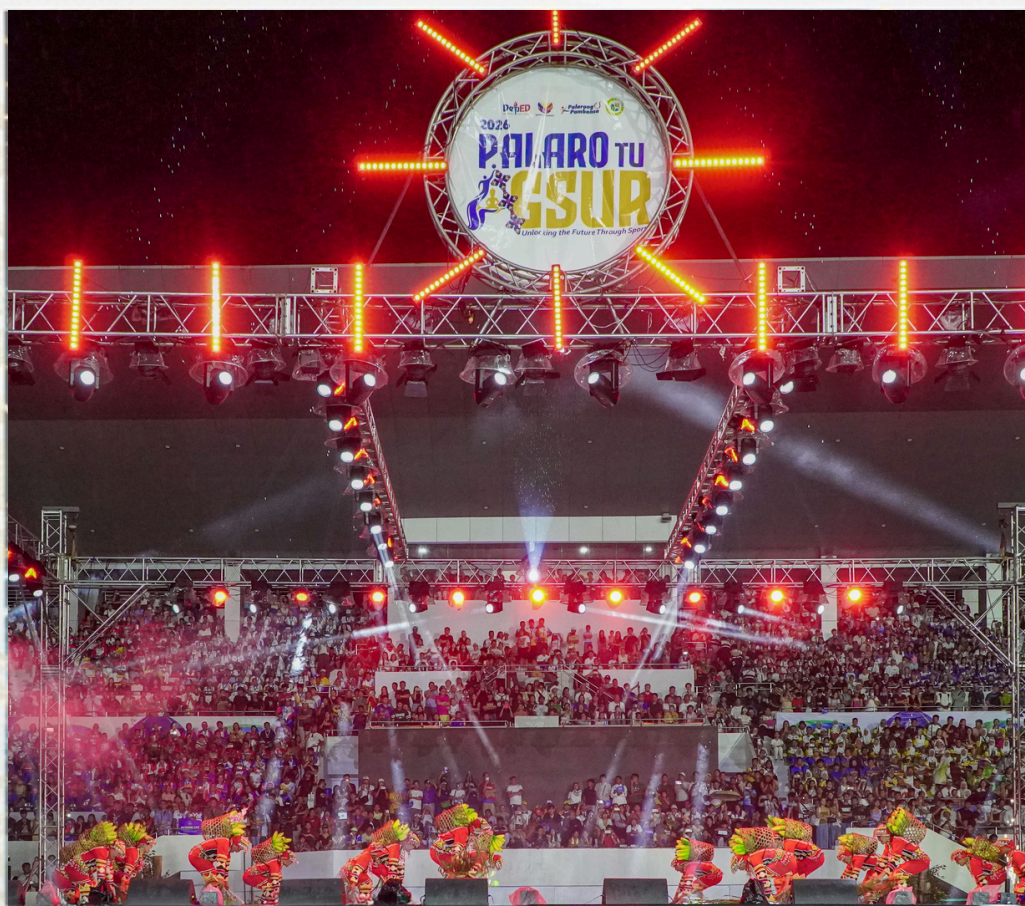
As the 2026 Palarong Pambansa concludes, the medals have been awarded, champions recognized, and celebrations drawn to a close. Yet beyond the competition lies a more enduring achievement, one that reflects the strength of preparation, coordination, and shared commitment that defined this year's staging.

By every measure, the 2026 edition stands among the most prepared and well-organized Palarong Pambansa in recent years. Competition venues, billeting quarters, transportation, security, medical services, and overall event management were executed with a level of precision that ensured a safe, efficient, and meaningful experience for all. Challenges were met with foresight, professionalism, and swift coordination.

More importantly, this Palaro has set a higher standard for future hosts. It demonstrated the power of collaboration among national and local government agencies, education stakeholders, private partners, and communities working toward a common goal. Excellence in hosting was clearly shown to be a collective achievement, not the work of a single office or individual.

Profound gratitude is extended to the Executive Committee led by Governor Santiago B. Cane Jr. and co-chaired by DepEd Caraga Regional Director Maria Ines C. Asuncion, CESO III, together with Assistant Regional Director Pedro T. Escobarte Jr., CESO IV and Regional Sports Officer Dr. Jumer C. Carlon. Their leadership anchored months of preparation and ensured seamless execution.

Recognition is likewise due to all local government units across Caraga, Schools Division Superintendents and Assistant Schools Division Superintendents, school heads and principals, teaching and non-teaching personnel, line agencies, private partners, stakeholders, volunteers, and all who worked behind the scenes.



Their dedication made it possible for athletes to compete at their best and for guests to experience genuine hospitality. We also thank all regional delegations for their participation, sportsmanship, and energy, which gave life to the games.

To the members of the media, vloggers, and the general public, whose support and enthusiasm sustained the event's vibrant atmosphere. Your contribution was invaluable.

The 2026 Palarong Pambansa will be remembered not only for athletic milestones but for demonstrating what can be achieved when preparation meets purpose. It leaves behind a standard of excellence that future hosts will be measured against, and a legacy of unity that extends beyond the field of play.



BEYOND THE SIXTH-PLACE FINISH LIES CARAGA'S TRUE, HISTORIC TRIUMPH

CARAGOLD

Caraga's historic climb in Palarong Pambansa

by RICHARD E. DAVIDE

There was a time when Caraga entered the Palarong Pambansa carrying little more than hope.

The region's athletes marched in opening ceremonies wearing the same colors as every delegation, but seldom with the same expectations. Against sporting giants such as the National Capital Region, CALABARZON, Western Visayas, and Central Visayas, Caraga often competed from the shadows of the national stage: resilient, determined, yet largely overlooked.

For years, its victories came quietly. A gold medal here. A podium finish there. But history has a way of rewarding persistence.

Today, Caraga stands among the country's sporting elite.

At the conclusion of the 2026 Palarong Pambansa hosted by Agusan del Sur, the Caraga Regional Athletic Association finished an unprecedented 6th overall in the national medal standings, collecting 30 gold, 19 silver, and 48 bronze medals. It's the strongest finish in recent history and one of the highest placements ever recorded by the region in the modern era of the games.

For many regions, a sixth-place finish may simply be another statistic. For Caraga, it represents decades of struggle, growth, and belief.

Created only in 1995 through Republic Act No. 7901, Caraga entered the national sporting landscape later than many of its counterparts. The region faced challenges familiar to emerging athletic programs: limited facilities, geographical isolation in some communities, and fewer resources compared with long-established sporting powerhouses. Yet year after year, student-athletes continued to train in municipal courts, school grounds, provincial tracks, and improvised facilities scattered across the 12 Schools Division Offices: Agusan del Norte, Agusan del Sur, Surigao del Norte, Surigao del Sur, Dinagat Islands, Bislig City, Bayugan City, Butuan City, Cabadbaran City, Surigao City, Tandag City, and Siargao.

The climb was gradual.

For much of its Palarong Pambansa journey, Caraga remained outside the upper tier of the national rankings. The region often found itself battling not only opponents but also the realities of distance, funding limitations, and infrastructure gaps.

Yet the foundation was quietly being built.

Grassroots sports development expanded. Coaches strengthened local training systems. Schools began producing more competitive athletes. Provincial and regional programs invested heavily in talent development. Across the years, the medal count slowly increased, and so did belief.

The signs of a breakthrough became evident in recent editions.

In the 2024 Palarong Pambansa in Cebu City, Caraga placed 12th overall with 11 gold medals. The result hinted at a delegation beginning to find its footing on the national stage.

A year later, in Laoag City, the region surged to 8th place, earning 21 gold medals and recording one of its best performances in modern Paloro history. The leap from 12th to 8th signaled that Caraga was no longer merely participating. It was becoming competitive.

Then came 2026. History arrived on Caraga soil.

For the first time, Agusan del Sur hosted the Palarong Pambansa, bringing the country's largest student sporting event to the heart of the region. The hosting itself was historic, but what unfolded during the games elevated the moment even further.

Caraga did not simply welcome the nation. It challenged it.

By the end of competition, the host region climbed to sixth place overall, surpassing several traditionally stronger delegations and establishing a new benchmark for Caraga athletics. The achievement placed the region behind only the country's most dominant sporting programs, including NCR and CALABARZON.

The medal haul reflected more than athletic excellence. It reflected years of unseen labor.

Behind every gold medal stood coaches who trained athletes long after regular classes ended. Behind every podium finish stood parents who sacrificed resources to support sporting dreams. Behind every victory stood schools, divisions, local governments, and communities that continued investing in young athletes even when national recognition seemed distant.

For many Caraganons, the moment felt larger than sports.

It was proof that a region often viewed as peripheral could rise through persistence, discipline, and collective effort.

The medal table records Caraga as sixth overall.

But the ranking alone does not capture the full story.

The real achievement lies in the journey from being overlooked to becoming undeniable.

From the margins of the standings to the front pages of national sports coverage.

From hopeful participation to historic contention.

And perhaps that is what makes Caraga's rise one of the most compelling stories of the 2026 Palarong Pambansa. Not merely because of where the region finished, but because of how far it had to travel to get there.

Today, the medals shine.

But beyond the gold, silver, and bronze, the true legacy of Caraga's historic campaign lives in its Caraganon athletes.

They came from islands, mountains, cities, and far-flung communities carrying more than the hopes of a region. They carried grit forged by sacrifice, courage tested by adversity, and dreams sustained by relentless discipline.

The medal tally will remember Caraga's sixth-place finish. History will record the numbers.

Yet the greater victory belongs to the young Caraganons who proved that excellence is not merely won on the podium. It is built through perseverance, humility, character, and heart.

In this journey, they gave their region something far more enduring than medals: a story of hope, pride, and possibility for generations to come.



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OPINION

MORE THAN A COMPETITION:

How Palarong Pambansa 2026 Won the Hearts of Filipinos

By: Ma. Concepcion Q. Suliveres



The 2026 Palarong Pambansa In Agusan del Sur proved that the country's premier sporting event is more than just a battle for medals—it is a celebration of excellence, unity, and Filipino pride.

As athletes from different regions gathered to showcase their talents, the event captured the admiration of millions of Filipinos who followed the games through livestreams and social media. From the spectacular opening ceremony to the well-organized sporting events, positive feedback circulated across Facebook, YouTube, and online discussion forums. Many praised the world-class production, athlete-centered accommodations, with someone even calling it one of the most memorable editions in recent years. Viewers also highlighted the comfortable billeting, efficient transport, and warm

hospitality, all of which elevated the overall experience and set a higher standard for future hosts.

What made this year's Palaro even more remarkable was the strong public engagement. Livestreams attracted thousands of viewers nationwide, allowing families, alumni, sports enthusiasts, and ordinary Filipinos to witness the athletes' journeys in real time. Social media comment sections were filled with messages of support, admiration, and pride. Many netizens commended the opening ceremony, the cultural performances, and the overall organization of the event. Online discussions revealed how viewers appreciated not only the athletes' achievements but also the host province's efforts in delivering a meaningful and well-coordinated event. This digital engagement demonstrated how the Palarong Pambansa continues to unite Filipinos beyond geography, turning games into a nationwide celebration of youth sports and talent.

With the success of Palarong Pambansa 2026 that prioritizes athlete welfare, inclusivity, accessibility, and strong event management, Agusan del Sur has set a

benchmark for future hosts.

More importantly, the widespread public support generated through social media and digital platforms reflects a growing appreciation for grassroots sports development in the Philippines.

As conversations about athlete support, sports facilities, and youth development continue to gain attention, the Palarong Pambansa strengthens its role as a catalyst for positive change in Philippine sports.

Beyond the medals and victories, the legacy of this year's Palaro lies in its ability to inspire communities, encourage young athletes, and remind Filipinos that sports remain a powerful force for national unity and hope.



Golden Rise

By: Judy Ann C. Saga-Berseba National High School

The governors, mayors, councilors, board members, city mayors, even vice mayors, all of them were involved in the planning and execution.

Maria Ines C. Asuncion
Regional Director
Region XIII-Caraga

CARAGOLD marked a significant leap in the Palarong Pambansa 2026 standings. This remarkable rise kept Caraganons on the edge of celebration and excitement, adding to the wave of positive feedback that the region has received for its hosting.

Historically, Caraga has been far off from the chart, ranked 12th overall in Palarong Pambansa 2024, then surging to 8th in the year 2025, a massive step forward in the arena of sports. That upward momentum reached new heights as the region broke into the top six of Palarong Pambansa 2026 overall tally, the highest ranking Caraga placed in 66 years.

The region's performance is all more impressive considering the enormous responsibilities it carries as the host of this year's 66th Palarong Pambansa. Undeniably, the unified support of Department of Education Caraga led by the Regional Director Maria Ines C. Asuncion, alongside local government units (LGUs) and partner agencies has been a driving force behind the delegation's strong showing.

These supports are all visible across all fronts: in-house trainings, new equipments for athletes, comfortable billeting quarters, kits that include uniforms, tumblers, umbrellas, shoes and other essentials. Beyond logistics, various LGU also provided allowances and pledged cash incentives for every gold medal won: the province of Agusan del Sur and Surigao del Norte each assure 50,000 pesos per medal, LGU Loreto promises 100,000 pesos per medal, and other LGUs across Caraga have made similar commitments.

This upward climb in the rankings speaks to Caraga's resilience, that amid the pressures of hosting a national meet, its athletes remain driven and unyielding.

The unified support of leaders yields exemplary result, and the current ranking is proof to that. Caraga's emblem standing tall atop the medal tally is not just a number but a profound statement of regional pride, one that is worth celebrating, for it marks not just an achievement, but the beginning of Caraga's golden rise.

PH Taekwondo founder urges athletes to channel discipline toward nation-building

By: Lyndie L. Tandugon
Bayugan National Comprehensive High School
Bayugan City Division

The early proponent of Taekwondo in the Philippines, Grandmaster Hong Sung Chon, encouraged the young taekwondo athletes participating in the 2026 Palarong Pambansa to apply the values they learned from the sport in serving the country.

In an interview at the Bayugan City Convention Center during the opening day of the taekwondo competition, Grandmaster Hong shared that he was sent to the Philippines in 1976 through the Korean Embassy and the Taekwondo Federation to help propagate the sport in the country.

 "In Taekwondo, we promote and teach young children and other people the Tenets of Taekwondo. These are very important in our lives because they develop confidence, fighting spirit, discipline, and most importantly, self-defense," the grandmaster explained.

As early as 3 years old, Filipino children have already trained and participated in the different Taekwondo competitions across the country.

"Maybe their parents want them to be respectful and have self-discipline as young as three which is also our main objective," Mr. Hong Sung Chon emphasized.

He added that Filipino children as young as three years old are already being trained and are participating in various taekwondo competitions nationwide.

This marked the third time that the founder of Philippine Taekwondo attended the Palarong Pambansa, who previously visited the event in Tacloban in 2009 and Dumaguete in 2013.

Grandmaster Hong Sung Chon was accompanied by officials from the Philippine Taekwondo Association (PTA) and members of the Philippine Taekwondo Team, who performed an exhibition demonstration during the opening program.





Fearless Beyond the Peaks

By Jane L. Jumawan
Bayugan National Comprehensive High School
Division of Bayugan City



Long before the cheers filled the venues of Palarong Pambansa 2026 in Agusan del Sur, the journey of the Cordillera Administrative Region delegation had already begun through winding mountain roads, sleepless preparations, and years of sacrifice.

Known as the Fearless Highlanders, the Cordillera delegation arrived in Caraga with more than 830 athletes, coaches, and officials. Behind every uniform was a story shaped by mountain life, where endurance is part of everyday living.

“Ang CAR kung makikita mo sa ating geograpiya ay bundok, bundok-bundok ‘yan,” RD Capalong shared, explaining how life in the mountains naturally develops patience, determination, and physical toughness. He added that Cordillerans carry strong pride in their culture and an eagerness to bring honor to their communities.

That spirit was warmly welcomed in Caraga. “Superb preparation,” RD Capalong remarked, praising the organized welcome and comfortable billeting arrangements for the delegation.

Among them was wrestler Charles Johnson C. Calawen of Benguet, a former gold medalist and Philippine National Wrestling Team member. “Kung wala kang dispilina, masisingil ka talaga sa laban,” he said.

The same discipline echoes in the story of Grade 7 swimmer Kris Lem-ew of Baguio City Division, a third-time Palaro qualifier. “In swimming, one-day of missed practice is like two days setback,” Kris shared.

According to RD Capalong, geographical distance and limited resources made centralized training difficult. Yet coaches, parents, local government units, and education officials worked together to support the athletes.



Despite these obstacles, CAR continues to excel in sports such as wrestling, taekwondo, and boxing. “Malakas ang taga-Cordillera kasi sanay sila to trabaho,” Education Support Services Division Chief Georgina C. Ducayso explained.

These sacrifices may never appear on medal tallies, but they live in every early morning training session and every hard-earned victory. Perhaps that’s why they are called the Fearless Highlanders— not because they never struggle, but because they continue to rise beyond the peaks.

FEATURE

FEATURED REGION: REGION IV-A CALABARZON

FEATURE

CRADLE OF NOBLE HEROES

By: Ariel Murillo Azuello

Public Affairs Unit Head, DepEd CALABARZON



Region IV-A CALABARZON — composed of Cavite, Laguna, Batangas, Rizal, and Quezon — stands as one of the Philippines' most dynamic and progressive regions. Cradled by rolling highlands, fertile plains, and coastal shores, CALABARZON is a land where heritage and modernity thrive side by side.

Steeped in a colorful history, CALABARZON is proudly known as one of the cradles of noble Filipino heroes. From the immortal Dr. José Rizal of Laguna, to the Sublime Paralytic Apolinario Mabini of Batangas, to the Magdalo and Magdiwang revolutionaries of Cavite — the region has gifted the nation with patriots whose sacrifices forged the very soul of Philippine freedom.

CALABARZON's culture of excellence is rooted in hard work, ingenuity, and a deep sense of community. Its vibrant traditions — from the colorful festivals of Batangas to the rich culinary heritage of Laguna — reflect a people proud of their identity.

In the spirit of Palarong Pambansa, CALABARZON embodies the core values of sportsmanship, integrity, unity, and discipline. Every athlete competes not merely for victory, but to honor their province, their families, and their region — rising as one with courage, respect, and an unwavering passion for excellence.

CALABARZON — Strong in Roots, Bold in Spirit.

CALABARZON HEROES



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THE GOLDEN LEAP: How Caraga Rewrites Its Palaro Story

From Eight Place to a Proud Sixth, Region XIII's Athletes are Proving That Determination Can Change the Standings and the Future!

By: Daisy Mae Valeroso Cunanan, Butuan Central ES, Butuan City Division

The cheers echoed across the playing venues of the Palarong Pambansa 2025 in Ilocos Norte, but for Team Caraga, the loudest sound was not the applause—it was the quiet realization that years of hard work were finally paying off.

Just a year ago, Region XIII-Caraga finished eighth in the overall medal standings, looking up at more established sporting powerhouses that traditionally dominated the Palaro. Their athletes competed with determination, yet the spotlight often shone elsewhere.

This year, however, the story is different. As the gold medals accumulated one by one, Caraga steadily climbed the rankings. By the latest medal tally, the region had secured 30 gold medals — nine more than its total in the previous edition — and surged to sixth place overall, a remarkable leap from eighth place in 2025.

For a delegation often overshadowed by larger and more established regions, the rise is more than a statistical improvement. It is a story of perseverance, belief, and a region refusing to be defined by its past.

The Rise of a Region

Caraga's ascent in Palaro 2026 is one of the most compelling stories of this year's games. While perennial giants such as NCR, CALABARZON, Western Visayas and Davao Region continue to dominate the medal race, Caraga has quietly emerged as one of the fastest-rising delegations. Its jump from eighth to sixth place reflects not only improved performances but also the growing strength of grassroots sports programs across the region.

The achievement matters because it signals a changing landscape in Philippine school sports. Success is no longer concentrated in a few powerhouse regions. Caraga's athletes have shown that talent can flourish anywhere when given the right support, training, and opportunities.

Building Momentum, One Medal at a Time

Behind every gold medal is a story of sacrifice. Many Caraganon athletes trained before sunrise and after sunset, balancing schoolwork with rigorous practice schedules. Coaches worked tirelessly to prepare teams despite limited resources compared to larger regions. Their efforts began to bear fruit as competition unfolded.

Every victory boosted confidence. Every podium finish strengthened belief. Soon, the athletes wearing Caraga's colors were no longer competing merely to participate, they were competing to win.

The result was a steady accumulation of medals that pushed the region higher in the standings day after day.

What makes the achievement even more impressive is that Caraga did not rely on a single dominant sport. Instead, its success came from contributions across multiple events, demonstrating the depth and breadth of talent within the delegation.

More Than Medals

For athletes from Caraga, the rankings tell only part of the story.

The rise to sixth place represents validation for years of investment in youth development. It rewards coaches who stayed committed despite challenges and communities that continued believing in their young athletes.

For younger students watching from home, the success sends a powerful message: **excellence is within reach.**

The victories have become a source of regional pride, inspiring future generations to dream bigger and work harder. In many ways, Caraga's climb is not simply about surpassing other regions. It is about surpassing expectations.

A New Chapter for Caraga Sports

As the Palarong Pambansa 2026 enters its final stretch, Team Caraga has already secured something more valuable than medals—a reputation.

The delegation that once occupied eighth place now stands proudly among the nation's elite performers. With 30 gold medals and counting, Caraga has proven that it belongs in the conversation with the country's strongest sporting regions.

And perhaps the most exciting part of the story is this: sixth place may not be the destination. It may simply be the beginning.

The Final Whistle

A year ago, Caraga looked up at the standings and saw seven regions ahead of them. Today, they look around and see only five.

The climb from eighth to sixth was not built overnight. It was earned through countless hours of training, unwavering determination, and a belief that the next medal could always be theirs.

As the athletes celebrate their victories and prepare for future competitions, one thing is clear: Caraga is no longer the region chasing the pack. Caraga is now helping set the pace.



THE SYMPHONY BENEATH CARAGA'S SUN: *The Music of Many Hands*

By Jonathan F. Gabals
Victoriana Pelling Tagbe National High School
Division of Bayugan City

In the whispering mountains and winding rivers of Agusan del Sur, the Palarong Pambansa 2026 unfolded as more than a sporting event; it became a stage where the land itself seemed to breathe, where every field transformed into a page of a story written in sweat, speed, and spirit. Once known for its quiet agricultural heartbeat, the province rose like dawn breaking over still waters, illuminating the nation through a celebration of youth, strength, and shared purpose.

For DepEd Caraga Regional Director Maria Ines C. Asuncion, the preparations were simply “superb.” As soon as the Agusan del Sur was named host, “the province immediately issued an executive order assigning the technical working group,” she recalled. From that moment, preparation became a living force. It did not walk, it ran. It did not wait, it responded. Governors, mayors, educators, and community leaders were mobilized toward a common goal.

The arrival of thousands of athletes and delegates demanded extensive coordination. Schools became temporary homes, classrooms transformed into sanctuaries. What emerged was a masterpiece of collaboration. “We convened not merely to plan, but to elevate the experience of our athletes to the highest standard,” RD Asuncion explained. “So, we met with the superintendents, and we encouraged them to involve their respective local government units and even stakeholders at the school level,” she continued, “to help us come up with very good billeting quarters.”

Despite some concerns, communities embraced the opportunity, and the initial resistance slowly softened into understanding. As RD Asuncion emphasized, the success of the event came from partnership down to the smallest details, proving that excellence is built through cooperation and commitment. “It’s a balance of pressure and composure,” she said. At the heart of it all was the truth that service was not performed for recognition but as an act of genuine care. In that spirit, Agusan del Sur did not merely host, it cared. It did not simply accommodate, it loved.

“We want them to see the richness of Caraga, from sea to soil, and for them to find reasons to return, whether for business, partnerships, networking, or future opportunities, because Caraga still has a lot to offer,” RD Asuncion articulated. In the end, the Palarong Pambansa 2026 became more than a gathering of athletes. It became a living mural of a region that transformed responsibility into artistry, coordination into music, and hospitality into lasting memory.



Seven days ago, I told
you that **TODAY**



would be the

TOMORROW

that Agusan del Sur had
dreamed of 33 years ago.

Today, I say this:

**THE DREAMING
IS DONE.**

What we have now is no
longer a vision or a promise.

IT IS A RECORD.

It is a fact, carved into the
history of our country—an
achievement that no one can
erase and no one can take
away.

**THIS MOMENT BELONGS TO ALL WHO
BELIEVED, ALL WHO PERSEVERED, AND
ALL WHO WORKED TO MAKE IT POSSIBLE.**

Closing Ceremony Message



SANTIAGO B. CANE JR.
Governor, Agusan del Sur



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