



ARNIS

EVENT	ATHLETE	COACH	MEDAL
Team (Sync Mixed) Double Weapon ELEMENTARY BOYS	DARYL A. ARNOPIA AIRELLE ASHLEY C. LAPE	ELDRIDGE TROY D. GO ELAINE E. AROTA	BRONZE
Full Contact Half Light Weight (Over 60- 65 kgs.) SECONDARY BOYS	REY FRANCIS C. GARCIA	RODRIGO C. GIBALAY	SILVER
Individual Likha Anyo Single Weapon SECONDARY BOYS	AARON OLIVER R. SACUROM	RODRIGO C. GIBALAY	BRONZE
Full Contact Extra Light Weight (Over 48-52 kgs.) SECONDARY GIRLS	YSAI WINSLETH T. LEREJO	CHRISTINE ROSE P. MONTENEGRO	SILVER
Full Contact Feather Weight (Over 44-48 kgs.) SECONDARY GIRLS	CELIA MER C. NAJARO	CHRISTINE ROSE P. MONTENEGRO	BRONZE



BADMINTON

EVENT	ATHLETE	COACH	MEDAL
Singles ELEMENTARY GIRLS	DISIRHE N. RAMOS	EMELOU O. MENDOZA	BRONZE
Doubles ELEMENTARY GIRLS	ANGELYN M. DAGAHUYA PRINCESS KEITH R. PAGLINAWAN	EMELOU O. MENDOZA	BRONZE



BOXING

EVENT	ATHLETE	COACH	MEDAL
Youth Boys - Minimum weight 17-18 years old (46-48 kg.) SECONDARY BOYS	BRYAN O. AMPARO	Coach: BUTCH DIDELES Seconds: CRESENCIO ESCABUSA	SILVER
School Boys - Light Fly weight 15-16 years old (Over 46-48 kg.) SECONDARY BOYS	JEVAN B. GALANTO	Coach: BUTCH DIDELES Seconds: CRESENCIO ESCABUSA	BRONZE
Junior Boys - Light Bantam weight 15-16 years old (Over 50-52 kg.) SECONDARY BOYS	MANUEL O. ACEDERA	Coach: BUTCH DIDELES Seconds: CRESENCIO ESCABUSA	BRONZE



GYMNASTICS (RG)

EVENT	ATHLETE	COACH	MEDAL
Pre-Junior - A.F. Rope ELEMENTARY GIRLS	ADRIANE DOMINIC A. PADILLA	ALFIE ANN D. BOSTON	GOLD
Pre-Junior - A.F. Hoop ELEMENTARY GIRLS	ADRIANE DOMINIC A. PADILLA	ALFIE ANN D. BOSTON	BRONZE



PHOTO SOURCE: DR. FREDERICK PADILLA

SOFTBALL

EVENT	ATHLETE	COACH	MEDAL
ELEMENTARY GIRLS	SUNSHINE I. ANTIMADO AILYN R. MENDEZ HANNA SHAY PSYCHEA S. OQUINO SHAVANNAH MAUREEN D. CASANILLO BABY JANE R. DAWA LOVELY A. ABUCAY RICHELL ANN D. CAMBAL KETH MELROSE S. DUROG JOYREM Q. CARBONILLA ALTHEA CLAIRE A. DEVOSORA CARNEL ANGELINE B. MAESTRE PRINCESS NECOLE D. CAMBAL	Coach: VENJIE ANTHONY L. NALLA Asst. Coach: APRIL JOHN T. CERTICIO	BRONZE



PHOTO SOURCE: VENJIE ANTHONY NALLA

TAEKWONDO

EVENT	ATHLETE	COACH	MEDAL
Kyorugi - Category 3 (over 160 cm) ELEMENTARY GIRLS	CHRISTINA ACEEY YUNA C. LUCAS	MIRAFLORE A. DEMAIN	BRONZE
Kyorugi (Sparring Event) - Category 3 (Over 48 kg & not exceeding 51 kg) SECONDARY BOYS	MC P. RECAMARA	AL C. BETANTOS	BRONZE
Kyorugi (Sparring Event) - Category 5 (Over 55 kg & not exceeding 59 kg) SECONDARY BOYS	CARL ANDREW CAGAS	AL C. BETANTOS	BRONZE
Kyorugi (Sparring Event) - Category 1 (Not exceeding 42 kg) SECONDARY GIRLS	VINESS DAWN S. ANO	BEA CLAUDINE E. TALO	SILVER



TENNIS

<i>EVENT</i>	<i>ATHLETE</i>	<i>COACH</i>	<i>MEDAL</i>
Singles ELEMENTARY BOYS	LESTER O. PADILLA	JANICE CERVANTES	<i>BRONZE</i>
Singles SECONDARY BOYS	ALLYSON A. CABANILLA	ALVIN A. TIU	<i>SILVER</i>
Singles SECONDARY GIRLS	STEFFI MARITHE A. ALUDO	RAMIL CERVANTES	<i>SILVER</i>

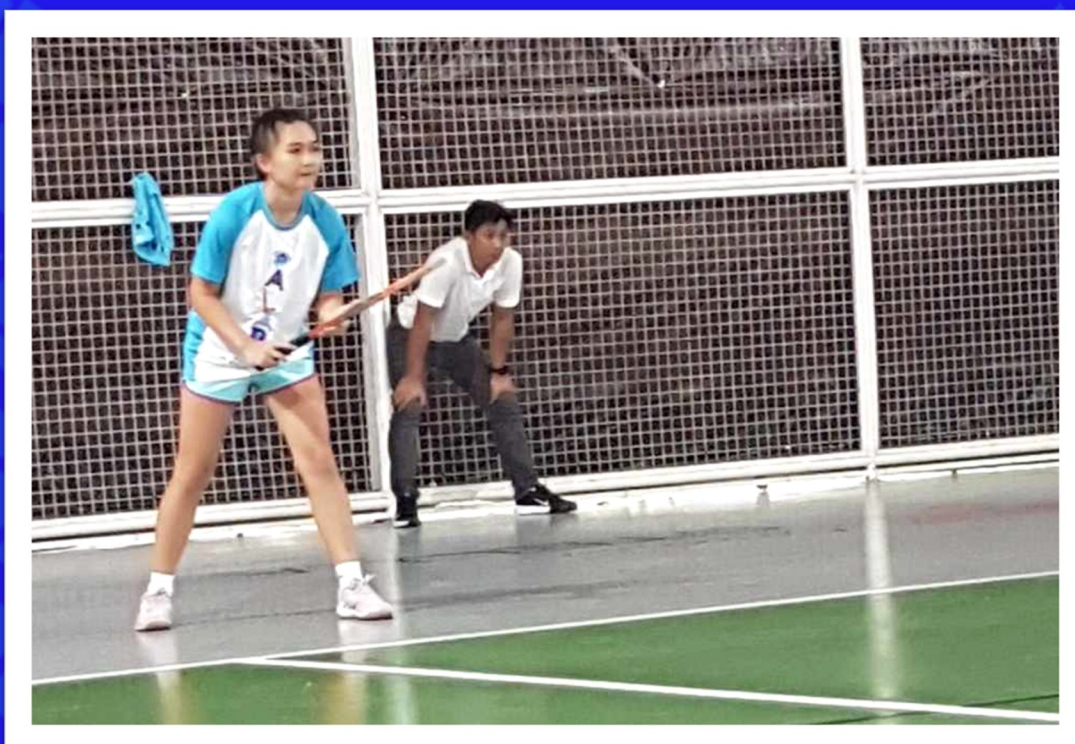


PHOTO SOURCE: RAMIL CERVANTES

VOLLEYBALL

EVENT	ATHLETE	COACH	MEDAL
ELEMENTARY GIRLS	SHANE ANDREA P. ASINO CHLOE BEIL P. BATIANCILA AIKA M. CASTROVERDE ANGEL O. MONDEJAR MA. KRISTINA MIKAELA M. MORILLO JHANIAH JANDI E. NAGAS FRANCES DIANNE RAMOS XYZ ELLEN G. RAYCO RHEEMA V. ROMAGUERRA ZAFIRA GLAZE P. RUIZ	Coach: LOVINA AMOR R. CAGA-ANAN Asst. Coach: HERBERT S. MIRADOR	SILVER



WRESTLING

EVENT	ATHLETE	COACH	MEDAL
Cadets 13-15 years old (54 kg.) SECONDARY BOYS	KELVIN JOY C. PLAZA	GLANN TECSON CASTILLON	GOLD
Cadets 13-15 years old (46 kg.) SECONDARY BOYS	LEONILO H. TECSON II	GLANN TECSON CASTILLON	BRONZE
Cadets 13-15 years old (50 kg.) SECONDARY BOYS	ROGIENIETO QUINONEZ JR.	GLANN TECSON CASTILLON	BRONZE
Junior 16-18 years old (58 kg.) SECONDARY BOYS	KYLE P. FRANCO	GLANN TECSON CASTILLON	BRONZE
Junior 16-18 years old (66 kg.) SECONDARY BOYS	JOHN KENNETH . LABIAL	GLANN TECSON CASTILLON	BRONZE
Junior 16-18 years old (48 kg.) SECONDARY GIRLS	PRINCESS ALLEGO	WINGEL S. MONDIGO	GOLD
Junior 16-18 years old (52 kg.) SECONDARY GIRLS	MICHELLE GUERRA	WINGEL S. MONDIGO	GOLD
Cadets 13-15 years old (40 kg.) SECONDARY GIRLS	QUINNIE BONGADO	WINGEL S. MONDIGO	SILVER
Cadets 13-15 years old (44 kg.) SECONDARY GIRLS	MONA LIZA ALLEGO	WINGEL S. MONDIGO	SILVER
Junior 16-18 years old (56 kg.) SECONDARY GIRLS	REGINE GONZALES	WINGEL S. MONDIGO	SILVER
Junior 16-18 years old (60 kg.) SECONDARY GIRLS	MAE PAHAY	WINGEL S. MONDIGO	SILVER
Cadets 13-15 years old (48 kg.) SECONDARY GIRLS	JUMALYN PUERTO	WINGEL S. MONDIGO	BRONZE



PHOTO SOURCE: VIOLETA NUÑEZ

WUSHU

EVENT	ATHLETE	COACH	MEDAL
Group A 16-18 years old (48 kg.) SECONDARY BOYS	JOHNIE C. SALON	JEZAH D. PABAYO	BRONZE
Group B 13-15 years old (42 kg.) SECONDARY GIRLS	AIRELOU J. PINEDA	MELODY A. AUM	BRONZE



DEMO SPORTS: DANCESPORTS

EVENT	ATHLETE	COACH	MEDAL
Modern Standard - Waltz ELEMENTARY BOYS	ANTHON LUIZ R. BUSTAMANTE RYANNE BRIGETTE C. LAGUMBAY	LESLY R. GALBO	BRONZE
Modern Standard - Viennese Waltz ELEMENTARY BOYS	ANTHON LUIZ R. BUSTAMANTE RYANNE BRIGETTE C. LAGUMBAY	LESLY R. GALBO	BRONZE

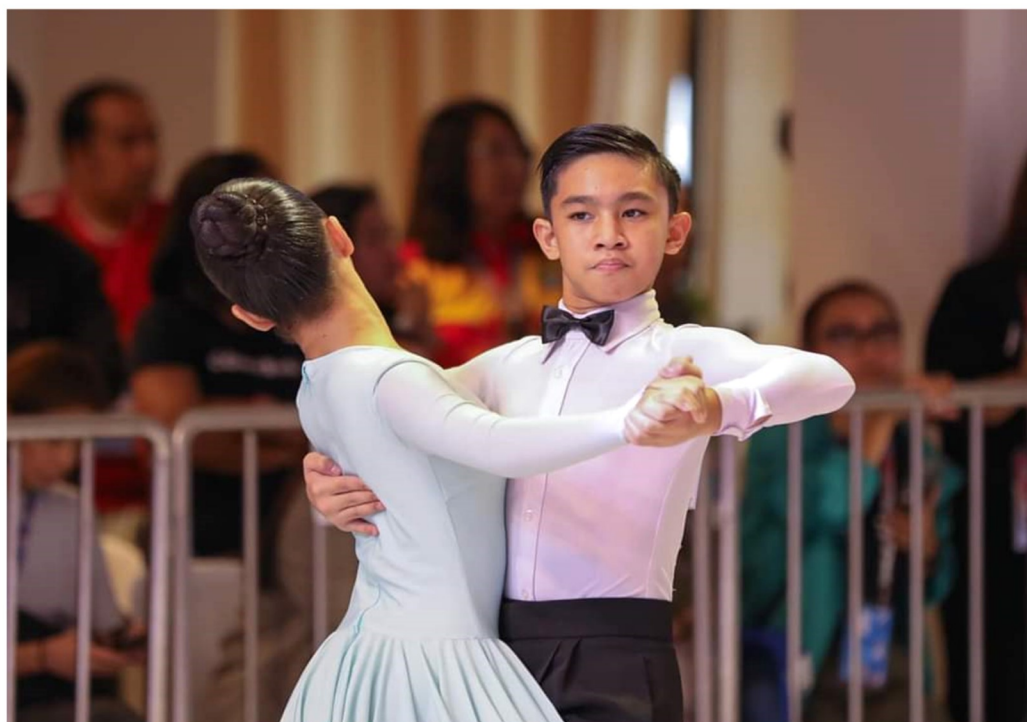


PHOTO SOURCE: DEPED PHILIPPINES

DEMO SPORTS: PENCAK SILAT

EVENT	ATHLETE	COACH	MEDAL
Tanding (Match) Category - Class A over 42 kg up to 45 kg SECONDARY BOYS	CLINT DAGASGAS	ARNEL A. NACORDA	SILVER
Tanding (Match) Category - Class B over 42 kg up to 45 kg SECONDARY GIRLS	HARLYN PEARL P. EDILLOR	ROGELIO C. OLBES JR.	BRONZE
Tanding (Match) Category - Class C over 45 kg up to 48 kg SECONDARY GIRLS	ZYLVY C. MANGMANG	ROGELIO C. OLBES JR.	BRONZE



PHOTO SOURCE: ROGELIO C. OLBES JR.

SPECIAL GAMES: ATHLETICS

EVENT	ATHLETE	COACH	MEDAL
100 M V.I. T-13 ATHLETICS BOYS	CHRISTIAN DIS ESCALICAS	MARIA LUISA M. EJADA	GOLD
100 M V.I. (Special Participation) ATHLETICS BOYS	CECILIO D. TAMAYO	MARIA LUISA M. EJADA	SILVER
Standing Long Jump V.I. T-13 ATHLETICS BOYS	CHRISTIAN DIS ESCALICAS	MARIA LUISA M. EJADA	SILVER
100 M V.I. (Special Participation) ATHLETICS GIRLS	LORENA B. CELOCIA	STELLA G. GUDAY	SILVER
Standing Long Jump V.I. T-13 ATHLETICS GIRLS	RIZZA D. TAMAYO	STELLA G. GUDAY	SILVER



PHOTO SOURCE: MA. LUISA M. EJADA

Illuminating Artistry: Team Lamdag's Creative Contributions Shine at Palarong Pambansa 2023

Glaisa A. Lloren

As the curtains closed on the exhilarating chapter of Palarong Pambansa 2023 in Marikina City, another story, one of artistic brilliance and heartfelt appreciation, emerges from the heart of Caraga Region. Enter "Team Lamdag," a group of local artists whose ingenuity played a crucial role in not only preparing the billeting quarters for the region's delegates but also crafting meaningful tokens of gratitude that captured the essence of their hospitality and creativity.

Composed of Esalco Jhun Congreso, Federico B. Alabata, Jonathan Insayoy, Elmer Cataluña, Odon Consuegra, Federico Celestial, Loreto Martinez, Herman Esma, and Joseph G. Dela Cruz and fondly called as Team Lamdag among themselves, they proved that their artistic talents extended beyond the canvas. As delegates from across the nation gathered at Palarong Pambansa, the spotlight turned towards the unassuming artists who were instrumental in creating a warm and welcoming environment. The billeting quarters of Jesus Dela Peña National High School and Leodegario Victorino Elementary School for Caraga Region, transformed into havens of comfort and aesthetics, bore the distinctive touch of Team Lamdag.



From the left: Federico B. Alabata, Jonathan Insayoy, Loreto Martinez, Odon Consuegra, Elmer Cataluña, Joseph G. Dela Cruz, Federico Celestial, Esalco Congreso

With ingenuity that knows no bounds and dedication that runs deep, Team Lamdag breathed life into every nook and cranny, infusing their unique artistic flair into the heart of the Palaro experience. Their artistic prowess was not confined to canvas; they transformed ordinary billeting quarters into vibrant sanctuaries of artistic expression, enveloping the delegates in an atmosphere radiating Caraga's rich cultural heritage and warm hospitality.

However, it was not just the physical spaces that Team Lamdag illuminated with their creative prowess. At the heart of their contributions lay the embodiment of gratitude and recognition. Their most notable masterpiece, a meticulously crafted replica of the Golden Tarra Statuette – Caraga's symbol of its rich culture and heritage – not only paid homage to the region's triumphs but also embodied the spirit of unity that Palarong Pambansa fosters.

In a heartfelt tribute, Team Lamdag captured the essence of the School Principals of JDPNHS and LVES through a captivating portrait, encapsulating wisdom and leadership. Alongside the portraits,

they also gifted an abstract masterpiece to the schools that symbolized the harmonious collaboration between diverse talents. This gesture transcended words, conveying gratitude for the schools' warm welcome and unwavering encouragement.

Team Lamdag's creative brilliance not only elevated the visual aspect of Palarong Pambansa but also added a layer of depth and excitement to the event. Their creations were a feast for the senses, reminding everyone present of the power of collaboration, unity, and the transformative magic of art. Through their innovative contributions, Team Lamdag proved that art can seamlessly intertwine with athleticism to achieve success beyond the conventional realm.

As the curtains drew on the 2023 Palarong Pambansa, Caraga Region emerged victorious in more ways than one. Medals adorned athletes' necks, but it was the enduring impact of Team Lamdag's artistry that truly illuminated the memories of the event. Their masterpieces will continue to sparkle in the collective memory.



The Luminous Saga of Caraga's Communication Team

Honey Grace Buyan



In photo: (Left to right) Pedro A. Tecson, Glaisa A. Lloren, Honey Grace Buyan, Rodrigo H. Madelo Jr., Domingo A. Nollora

In the bustling and vibrant world of the Palarong Pambansa, the Caraga Region's communication team, under the direction of the Regional Director, Maria Ines C. Asuncion, CESO IV stands out like a dazzling constellation in the night sky. Led by the charismatic Pedro "The Coach Master" Tecson, this team exemplifies the true meaning of unity in diversity. Hailing from different divisions, ranks, and positions, they blend like colors on an artist's palette, creating a harmonious symphony of creativity and efficiency.

At the heart of this fantastic team is Honey Grace Buyan, "The Charmweaver", a magnetic personality whose charisma weaves a spellbinding enchantment that captivates audiences and draws them closer to the team's mission.

Alongside her is Glaisa A. Lloren, "The Makeup Mastermind" paints verbal masterpieces that create vivid impressions and leave lasting impacts. Like an artist's brush, her linguistic palette brings colors and depths to the team's messages. But it doesn't end there - Domingo C. Nallora III, "The Most Organized Mammal", orchestrates their activities like a seasoned conductor, ensuring each move is flawlessly choreographed. He served as the team's backbone, ensuring the impeccable execution of each endeavor.

Within this formidable ensemble is Rodrigo "The Contributor" H. Madelo Jr., the team's unsung hero, whose tireless dedication and relentless pursuit of perfection make the communication team's output shine brighter than any diamond.

Together, they form an unstoppable force, breaking barriers and surpassing expectations, all while wearing smiles that could light up the darkest room.

In the fast-paced world of sports journalism, the Caraga Region's communication team proves that camaraderie and a shared passion for their craft can transcend boundaries. With Pedro A. Tecson at the helm, their teamwork and collective spirit create a vibrant and lively atmosphere, making even the most challenging tasks feel like a walk in the park. Their cohesion, mutual respect, and unwavering support for each other are a testament to the power of unity, and the entire region enjoys the fruits of their labor during the Palarong Pambansa.

Message from Vice-President Sara Z. Duterte

Assalamualaikum.

Madayaw ug maayong hapon kaninyong tanan. Magandang hapon sa inyong lahat.

I am pleased to join you today as we close the Palarong Pambansa 2023 with jubilation and pride in what our young athletes have achieved this week.

First and foremost, maraming salamat sa ating host — the City of Marikina, headed by Mayor Marcy Teodoro. You have made a tremendous contribution in the success of this year's Palaro. Maraming salamat po sa inyong magaling at masipag na pangunguna at naging matagumpay po ang ating Palaro sa kabila ng mga pagsubok katulad ng bagyo.

Let me extend my heartfelt congratulations to all the young athletes who won and competed in various sports competitions and for coming together to celebrate the vigor and talent of the Filipino youth.



You are all winners in your own right, and we laud your dedication to your chosen passion. The various sports categories participated in by our young athletes in this year's Palarong Pambansa signify the strength of the youth and give us pride and hope in ushering in a brighter future where they can realize their utmost potential as future builders and leaders of our nation.

Please know that we are truly proud of your accomplishments, as you are more than just athletes. You are the epitome of hard work, determination, and sportsmanship among your peers.

You are role models to other young Filipino men and women, exemplifying perseverance and love of country in all your hard-earned endeavors.

Let me thank the coaches and the rest of your schools, families, and communities for paving avenues for advancement and enabling you to become competent young individuals.

I trust that this will serve as the beginning of more valuable pursuits for you where you can be effective catalysts of transformative growth even as we all work together to build a stronger nation free of any threat of local communism and insurgency.

May the spirit of camaraderie and cooperation continue to invigorate you as you fight for a victory that symbolizes your fearless pursuit of a better future for yourselves and your communities.

This reflects your skill, perseverance, and dedication to the

game, and I hope it inspires you to demonstrate grit in pursuing your aspirations.

May the long hours you spend in the sports arena remind you of the true sacrifice that comes with reaching your goals.

I am truly proud to witness the greatness that is yet to unfold among our youth.

In conquering your respective sports categories, may you have more passion to dream bigger to showcase the talent and commendable Filipino spirit of sportsmanship to the rest of the world.

Most importantly, let this teach all of you to embody humility and honor in the quest for glory and victory.

This is the springboard that will lead all of you to true success.

Magsumikap kayong abutin ang inyong mga pangarap at tahakin ang daan tungo sa tagumpay, dala-dala ang inyong mataimtim na pananalig sa Diyos at tiwala sa inyong mga sarili.

Kami ay narito upang alalayan kayo habang patuloy kami sa mga adhikain naming bigyan kayo ng magandang edukasyon na magbibigay-daan sa isang mas matatag na kinabukasan para sa inyong lahat.

Mabuhay kayong lahat at patuloy kayong maging ehemplo ng pagbabago sa inyong kapwa Pilipino.

Again, congratulations. I hope to see all of you in the next Palarong Pambansa. Lahat- para sa Diyos, sa bayan at sa bawat pamilyang Pilipino.

Shukran.



Caragold

The Land of Endless Possibilities

PAGBATI AT SALAMAT

**SA LAHAT NG ATLETA, TAGASANAY AT MGA
OPISYAL NG DELEGASYON NG CARAGA**



**PARA SA MATAGUMPAY NA PAGLAHOK SA
2023 PALARONG PAMBANSA!**



MARIKINA - HOST CITY



MARIKINA 2023
PALARONG PAMBANSA

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