



Republic of the Philippines
Department of Education
CARAGA REGION

DEPARTMENT OF EDUCATION
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03 Sept 2026

REGIONAL MEMORANDUM

No. 0899 , s. 2026

To: Schools Division Superintendents
All Others Concerned

PARTICIPATION IN THE 2026 WORLD SUICIDE PREVENTION DAY WEBINAR

1. **Activity.** In commemoration of the World Suicide Prevention Day on September 10, 2026, the Natasha Goulbourn Foundation (NGF) will conduct a webinar featuring selected scenes from the 2017 film Last Night, which will be used as a springboard for discussion and reflection facilitated by mental health professionals, available for **four days, from September 10 to 13, 2026**, through the **NGFMindstrong YouTube Channel**.

2. **Objective.** The webinar aims to increase awareness and understanding of suicide, address stigma, promote compassion, and encourage early recognition and timely intervention.

3. **Participation.** In this regard, teachers, non-teaching personnel and all others interested are encouraged to participate in the webinar. Participants may register using the QR code provided in the official NGF poster to receive the viewing link through their registered email

4. **Attachment.** Attached are the invitation letter and poster for your reference.

5. **Dissemination.** For immediate dissemination.

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Gabriel
Date:
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ALLAN G. FARNAZO
Director IV

JCC/ESSD/RM – Participation in the 2026 World Suicide Prevention Day Webinar
14293/September 2, 2026



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August 26, 2026

DR. ALLAN G. FARNAZO, CESO III
Regional Director – Region XIII – CARAGA
Department of Education

SUBJECT: Invitation to Teachers – World Suicide Prevention Day 2026

Dear RD Farnazo,

Greetings from the Natasha Goulbourn Foundation (NGF).

Considering the distressing situations affecting some of our schools due to mental health challenges, NGF respectfully seeks the support of your good office in inviting teachers throughout the Region to join us in commemorating World Suicide Prevention Day on September 10, 2026, through a special online reshewing of our webinar on understanding and preventing suicide.

The webinar features six powerful scenes from the 2017 ABS-CBN film *Last Night*, a psychological drama-romance directed by Joyce Bernal and starring Piolo Pascual and Toni Gonzaga. Through these scenes, mental health professionals Dr. Ronald Elepaño, Dr. Angela Cuadro, and Dr. Sheryll Abellanosa guide viewers in understanding the complexities of suicide, the stigma surrounding it, and the importance of compassion, early recognition, and timely intervention.

Teachers can play a vital role in suicide prevention. They are often among the first adults outside the home to notice changes in a learner's behavior, emotional well-being, and ability to cope. Greater awareness can help them recognize distress, respond appropriately, and connect vulnerable learners with the support they need.

In keeping with the World Suicide Prevention Day theme, "Changing the Narrative on Suicide," we hope this presentation will encourage meaningful conversations, reduce stigma, and strengthen the safety net surrounding our learners.

WATCH ONLINE | SEPTEMBER 10–13, 2026

The webinar will be available for a limited four-day viewing on the NGFMindstrong YouTube Channel.

We respectfully request your kind assistance in disseminating the attached poster to schools and teachers throughout the Region and encouraging their participation. Teachers may register through the QR code on the poster to receive the viewing link via email.

Watch. Understand. Reach out. Help change the narrative.

Together, we can help create safer, more compassionate schools and play a part in preventing suicide.

Thank you for your kind support and consideration.

Respectfully yours,


RENE EMMANUEL ARAMBULO
NGF Executive Director



Join us in commemorating

SEPTEMBER 10, 2026



International Association
for Suicide Prevention

WORLD SUICIDE PREVENTION DAY 2026

CHANGING THE NARRATIVE



Last Night

A FILM BY BINIBINING JOYCE BERNAL

*Because every conversation
can be a reason to stay.*

YOU CAN MAKE A DIFFERENCE.

NGF will be reshowing its recorded webinar on suicide featuring powerful snippets from the ABS-CBN film ***Last Night***, thoughtfully explored and sensitively guided by mental health professionals **Dr. Ronaldo Elepano, Dr. Angela Cuadro, and Dr. Sheryll Abellanosa.**



SEPTEMBER 10, 2026

WORLD SUICIDE PREVENTION DAY

Changing the Narrative on Suicide.
Building hope. Saving lives.



SPECIAL RESHOW ON
**NGF MINDSTRONG
YOUTUBE CHANNEL**

**SEPTEMBER 10 – 13, 2026
(THURSDAY – SUNDAY ONLY)**



Snippets Courtesy of: ABS-CBN Films, Star Cinema/Springfilms/N2



REGISTER NOW!

Register at

<https://bit.ly/SUPRE2026>

and a link to watch will
be sent to you via email



**A LOVE DONATION TO
HOPELINE PHILIPPINES**

will be much appreciated.
Your support helps us continue
being there for those in crisis.



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VIA GCASH**